

3RD ANNUAL

CAREGIVING *ACROSS THE AGES*

Conference & Tradeshow

WORKING TOWARD A BETTER TOMORROW

October 21-22, 2009



WWW.K4A.ORG

**TOPEKA RAMADA
TOPEKA, KANSAS**

KANSAS
AREA AGENCIES
ON AGING
ASSOCIATION



CAREGIVING
ACROSS THE AGES

Conference & Tradeshow
2910 SW Topeka Blvd.
Topeka, KS 66611

Join us as we convene in Topeka, October 21–22, at the Caregiving Across the Ages Conference and Tradeshow. The conference and tradeshow is the premier opportunity to learn and network with other professionals serving caregivers across a five state area.

This year's conference will bring together more than two hundred professionals. Not only will you network with peers and exchange ideas on how to meet the challenges of serving our nation's older population and disabled adults and children, you will learn about innovations in products, programs and services at the tradeshow.

The 2009 conference is shaping up to be an exciting event – we look forward to seeing you there!

TOPICS

The conference and tradeshow will provide an array of exciting opportunities to learn new ideas and ways of thinking. This year's conference will feature two pre-conference workshops on **The Art of Therapeutic Caregiving and Ethical Issues in Caregiving** and intensive sessions on the following topics:

LONG-TERM CARE REFORM

NATIONAL LIFESPAN RESPITE PROJECT

UNDERSTANDING AND IDENTIFYING ALCOHOL AND DRUG ABUSE

DIABETES AND HEALTHY LIFESTYLES

THE GROWING EPIDEMIC – OBESITY AND DIABETES

CULTURAL COMPETENCY

INNOVATIVE PROGRAMS IN ORAL HEALTH

MEDICARE RIGHTS

BEST PRACTICE MODELS IN CAREGIVING

SEXUALITY AND SAFE SEX

FINANCIAL EXPLOITATION AND ABUSE

MENTAL HEALTH AND AGING

INTEGRATING TECHNOLOGY INTO CAREGIVING

ADULT ABUSE

CAREGIVING IN THE NURSING HOME SETTING—

FAMILY RESIDENT COUNCILS

LOW VISION / VISION ISSUES

NEW IDEAS IN LONG-TERM CARE FINANCING

Comfort of Home® A Complete Guide for Caregivers—now in its third edition, earning the Benjamin Franklin Award in the health category and FOREWORD Magazine Book of the Year Award 2008 Finalist.. Maria has now co-authored a caregiver guide series—including the MS, Stroke, Parkinson, Alzheimer's, Chronic Lung Disease, Chronic Heart Failure and Chronic Liver Disease editions.

With a the positive message of caregiver empowerment and the importance of finding humor in the caregiver's day, she is a keynote speaker and workshop leader on caregiver topics to health care professionals and community groups. Maria is the California Caregiver Community Action Network volunteer for the National Family Caregiver Association in the United States. Maria and her husband live in San Francisco.

Lyn L. Hester - Lyn conducts workshops on Stress Management through the use of Humor, and How to Incorporate Humor into your Life. Since founding The International Center for Humor and Health, Lyn has delivered her message to thousands of people.

She was the driving force behind the development of M.I.R.T.H. (Medical Institute for Recovery Through Humor) formerly a rehabilitation wing at INTEGRIS Southwest Medical Center that promoted the healing effects of humor. The M.I.R.T.H. wing and its philosophy have been featured in numerous local, national and international publications including: the London Times, Southwest Airlines Spirit Magazine, ABC Online, USA Today, the New York Post and was the subject of a segment on both Fox and PBS.

Lyn is Vice President of Marketing and Community Services for INTEGRIS Health, a 14-hospital system and the largest Oklahoma-owned system in the state. Lyn holds a Fellowship in the International Healthy Communities Forum and is national chairman of Community Benefits for the Association of Community Health Improvement.

FEATURED SPEAKERS

Maria M. Meyer - In 1993 when her father-in-law suffered a stroke, Maria became aware of the need for better information about how to care for an aging parent, a responsibility shared by millions. That experience led Maria to found CareTrust Publications and to co-author the award-winning guide, The

AUDIENCE

ACADEMICIANS, ADVOCATES, AGING SERVICE PROVIDERS, BUSINESS REPRESENTATIVES, CAREGIVERS, COMMUNITY LEADERS, CONSULTANTS AND ATTORNEYS, CONSUMERS, DIETICIANS/NUTRITIONISTS, ADMINISTRATORS, NURSES, AIDES, FEDERAL, STATE AND LOCAL OFFICIALS, HEALTH PROFESSIONALS, HOUSING SPECIALISTS, GRANT MAKERS, GRANT WRITERS AND FUNDRAISERS, POLICYMAKERS, RESEARCHERS, SOCIAL WORKERS AND CASE MANAGERS WORKING IN AGING, DEVELOPMENTAL DISABILITIES AND MENTAL HEALTH, TRANSPORTATION PROVIDERS

PRE-CONFERENCE WORKSHOPS

ADVANCE REGISTRATION REQUIRED

There are additional fees for the following Pre-conference workshops on Wednesday and advance registration is required.

WEDNESDAY MORNING, OCTOBER 21, 2009:

8:30am – 11:30am

SESSION 1: THE ART OF THERAPEUTIC CAREGIVING

Presenters: Laura Aube, BFA, MS, ATR-BC, LPC
Kayra Joy MS, ATR-BC

This workshop will introduce participants to the field of art therapy and the work of art therapist. Participants will have the opportunity to experience the use of art media and the creative process to foster self-expression, create coping skills, manage stress, and strengthen a sense of self.

8:30am – 11:30am

SESSION 2: ETHICAL ISSUES IN CAREGIVING: A DRAMATIC TRILOGY

Presenter: Julie Russell, RN, MA, Executive Director Kansas Health Ethics

1. View three “case dramatizations” that illustrate ethical dilemmas in the provision of care to older adults.
2. Discuss the ethical principles of autonomy, beneficence, non-maleficence and truth telling and apply these to the cases.
3. Discuss decision-making capacity and paternalism/maternalism.
4. Consider helpful responses for the resolution of ethical conflicts.

HOST HOTEL ACCOMMODATIONS

TOPEKA RAMADA

420 SE 6th Street
Topeka, Kansas 66607
Phone: 800-432-2424
Check out: 12:00 noon

ROOM RATE

Group rate: \$75 single or double occupancy per room per night plus tax (currently 16.52%).

RESERVATIONS

For reservations call: 1-800-432-2424. In order to receive the discounted rate, you must mention the K4A Caregiving Across the Ages Conference.

Reservation Cut-off Date

Rooms will be available at the group rate until September 30, 2009.

PRELIMINARY CONFERENCE AGENDA

WEDNESDAY, OCTOBER 21, 2009

| | |
|--------------------|--|
| 8:30am — 11:30 am | Pre-Conference Workshop: The Art of Therapeutic Caregiving |
| 8:30 am — 11:30 am | Pre-conference Workshop: Ethics in Caregiving: A Dramatic Trilogy |
| 1:00 pm — 2:15 pm | Opening Session & Keynote |
| 2:15 pm — 2:30 pm | Break |
| 2:30 pm — 3:45 pm | Three (3) Breakout sessions |
| 3:45 pm — 5:00 pm | Three (3) Breakout sessions |
| 5:00 pm — 6:30 pm | Reception in the tradeshow area |

THURSDAY, OCTOBER 22, 2009

| | |
|---------------------|-----------------------------|
| 7:30 am — 8:30 am | Hot Breakfast |
| 8:30 am — 9:45 am | Three (3) Breakout sessions |
| 9:45 am — 10:15 am | Morning Break |
| 10:15 am — 11:30 am | Three (3) Breakout sessions |
| 11:30 am — 1:00 am | Lunch and Speaker |
| 1:00 pm — 1:30 pm | Break |
| 1:30 pm — 2:45 pm | Three (3) Breakout sessions |
| 2:45 pm — 3:00 pm | Break |
| 3:00 pm — 4:30 pm | Three (3) Breakout sessions |

CONFERENCE REGISTRATION

Caregiving Across the Ages • 2009 Conference and Tradeshow • October 21–22, 2009

TOPEKA RAMADA

THE EASIEST WAY TO REGISTER IS ONLINE AT www.k4a.org

Online registration requires payment by credit card on our secure website. Please complete one form per person - print or type legibly.

Name _____

Organization Name _____

Organization Address _____

City/State/Zip _____

Phone _____ Fax _____ Email _____

Meal Requirements

Vegetarian Vegan

Check here if you do not want your information listed in the conference attendee roster.

I have a disability and will need assistance or special accommodations to participate. Please specify or call our conference planner at 972-510-9586. _____

CONFERENCE REGISTRATION FEES

The registration fee includes all materials, general sessions, break-out sessions, refreshment breaks, food/beverage functions. All fees must accompany registrations.

One-Day Conference – **\$100**

Two-Day Conference – **\$175**

Conference and Pre-Conference Workshop (please select below) – **\$200** Student rate – **\$50**

Guest Meals and Certificates of Attendance are not included in the registration fee and must be purchased separately.

\$20 each meal for non registered attendee _____ number of meals purchasing

\$10 Certificate of Attendance

PRE-CONFERENCE WORKSHOPS

There are additional fees for the following and advance registration is required for pre-conference workshops. You may attend a Pre-Conference Workshop without attending the conference.

PRE-CONFERENCE WORKSHOPS *Please select only one:*

Wednesday, October 21, 2009 (8:30am–11:30am)

Session 1: The Art of Therapeutic Caregiving – **\$35**

Session 2: Ethical Issues in Caregiving – **\$35**

Enclosed is my check made payable to K4A in the amount of \$ _____

PAYMENT METHOD Check VISA MasterCard *(We only accept MasterCard and VISA)*

Credit Card No: _____ Exp. Date: _____ CVV: _____

Cardholder's Name (as printed on the Card) _____

Address Credit Card billed to: _____

Signature on Card: _____

Submit registration forms and payment to Event Studio, 2638 Sharlis Dr., Frisco, TX 75034, Ph: 972-510-9586 Fax: 972-767-3529.

Faxed registrations must be accompanied by a credit card number.